



HOW TO CREATE YOUR OWN JOURNAL

This Journal Belongs to
MASON E. PIG



Would you like to have your very own journal like Mason?

Journals are a great way to keep track of the important moments in your life. Follow the steps below to get started on your journaling adventure!

1. Find something to use as your journal.

Anything can be used as a journal. It's best if all the pages can be kept together, like in a binder or folder. Using a notebook is one of the simplest ways to start. Only have paper? No problem! You can connect the sheets using staples, paper clips, or even yarn to make your journal.



2. Think about things you can write about.

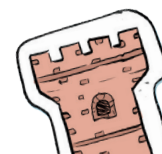
Did anything happen today that you'd like to record? Something that surprised you, excited you, or made you wonder? Mason also wrote about things that were upsetting him. You may find that writing these down will help you feel better.

3. Start creating!

Don't worry about spelling or grammar. This journal is for you, so write it in the way you want to. And it doesn't just have to be words. Draw pictures or comics, add stickers, and glue photographs to make your journal come to life.



This Journal Belongs to Mason E. Pig by Jose Cruz, illustrated by Danesh Mohiuddin



capstone