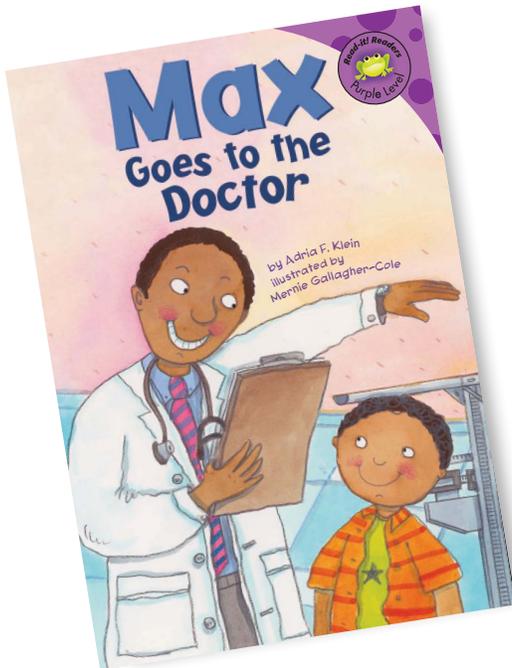


CREATIVE DRAMATICS

 Picture Window™
Books



Max Goes to the Doctor written by Adria F. Klein

Characters: Narrator
Max
Doctor
Mom

Props: Doctor's kit or nurse's office supplies (stethoscope, scale, blood pressure cuff, tape measure)

Genre: Realistic fiction

Ages: 4-6

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NOTES TO THE LEADER OF THE CREATIVE DRAMATICS SESSION

Before acting out the story, read *Max Goes to the Doctor* to the entire class.

The leader/narrator of the creative dramatics session needs to give clear, simple clues to the children who are acting out the story. First, select the children who will be playing the separate parts. The students in the class can be played by individual children or by a group. The same goes for the doctor.

The leader might want to ask the children to describe the characters before the session begins. For example, "What are words to describe Max?" Answers could include friendly, curious, happy, and nervous. The leader could also ask, "What are words to describe the doctor?"

The children can act out the story from their chairs, sitting on the floor, or by standing in clearly marked places where the action will take place. The front of the room could be Max's house; the left side of the room could be the doctor's office. It is always a good idea to make sure that all the characters and locations (if you decide to use them) are clearly established before the play session begins.

Narrator: Max is going to the doctor. It is time for his yearly checkup.

He says he wants to stay healthy.

Max: I want to stay healthy!

Narrator: *(Leader may need to prompt children, "What are some good ways to stay healthy? Exercising, eating healthy foods, etc. Why is it important to stay healthy? What are some things you do to try and stay healthy like Max?")*

The doctor checks how tall Max is. He tells Max he has grown 2 inches. This is very good!

Doctor: Max, you have grown 2 inches. This is very good!

Narrator: The doctor checks how much Max weighs.

He tells Max he has gained 5 pounds. This is very good!

Doctor: Max, you have gained 5 pounds. This is very good!

Narrator: The doctor checks Max's blood pressure. He says it's like giving your arm a hug.

Doctor: It's like giving your arm a hug, Max.

Narrator: The doctor listens to Max's heart. He says Max's heart sounds strong.

Doctor: Your heart sounds strong, Max.

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Narrator: Max's heart beats 80 times in one minute. This is good.

The doctor looks in Max's ears and eyes. They both look healthy. This is good.

(Leader could prompt, "Why is it important for our ears and eyes to be healthy? What do we need to use them to do?")

The doctor takes Max's temperature. It is 98.6 degrees Fahrenheit. This is good.

The doctor tells Max he has to give him two shots.

Doctor: I have to give you two shots, Max.

Narrator: The shots will help Max stay healthy.

(Leader could ask, "Do you have to get shots at the doctor's office sometimes? How do you feel when you have to get a shot? Scared, nervous, etc.?")

Max says he is nervous to get a shot.

Max: I am nervous to get a shot.

Narrator: Max holds his mom's hand. She tells Max not to be scared.

Mom: Don't be scared, Max.

Narrator: He does not cry.

The doctor gives Max a sticker. He tells Max he was very brave.

Doctor: You were very brave, Max.

Narrator: *(Leader can prompt, "What does it mean to be brave? How can you tell Max was being brave? What are some times that you are brave?")*

Max had a great checkup. He is very healthy.

THE END